

## SEYMOUR CENTER FIELD WORKSHOP

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Discover what it's like to be a scientist during your field workshop at the Seymour Center. The day features a guided tour through the sites and sounds of Long Marine Lab, including a behind-the-scenes peek into how scientists study seals, sea lions, dolphins, and whales like "Ms. Blue," our 87-foot blue whale skeleton. We'll visit the beach to learn how experts monitor the distribution and abundance of Pacific mole crabs, one of the most important herbivores on beaches along the west coast.

On the bluffs overlooking the Monterey Bay, the Seymour Center at Long Marine Lab replicates the look and feel of a working marine laboratory, with hands-on exhibits that feature the everyday tools of scientific exploration, and an aquarium representing more than 80 different species. The goal is to instill in visitors a lasting appreciation of the role research plays in understanding and protecting the world's oceans.

This workshop will also include marine science resource activities and curriculum ideas for your classroom, lunch on Shipwreck Deck with scenic views of the Monterey Bay, and time to explore the aquarium and Ocean Discovery Shop. Join us for an exciting day of scientific exploration!

**Workshop date:** Thursday, July 2, 2009

**Departure time:** 8:00 a.m.  
Phoebe Hearst Social Hall, Asilomar Conference Grounds  
Please be on time! We need to leave promptly at 8:15 a.m.

**Return time:** 5:00 p.m.

**Beach time:** The workshop includes activities that will take place at Natural Bridges State Beach. The trail leading down to the beach is short, but rocky and uneven. Weather on the beach can also be sunny and warm or cold and windy so please be prepared for all conditions.

**Clothing:** Weather on the Central Coast can be unpredictable. To fully enjoy the workshop, we suggest the following: dress in layers and bring a hat, sunglasses, closed-toed athletic shoes, sunscreen and windproof jacket.

**Food:** Asilomar will provide a lunch-to-go and have water coolers at Phoebe Hearst Social Hall. We suggest bringing a filled water bottle as well as some snacks for the day, as there is limited availability of food for purchase at the Seymour Center. NMEA staff will pack coolers with lunches and load them prior to departure.

**Contact info:** Genny Arredondo, Seymour Center Field Workshop Coordinator  
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